



## Central Pacific Coast Highlights

**1** Watching troops of monkeys, lazy sloths and gliding brown pelicans at **Parque Nacional Manuel Antonio** (p389).

**2** Surfing the beach breaks of **Jacó** (p362), **Playa Hermosa** (p370) and **Dominical** (p397) – or learning how.

**3** Sampling some of the coast's most sophisticated cuisine in **Ojochal** (p405).

**4** Listening for squawking pairs of scarlet macaws flying